



*jenny*  
FRESH

**Turkey & Corn  
Quinoa Penne**



## Ingredients:

Ground Turkey

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Rice & Quinoa Penne Pasta

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Organic Carrots

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Organic Corn

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Organic Kale

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Organic Bell Pepper

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Creamy Savory Sauce

# Turkey & Corn Quinoa Penne

## Product Description:

No wheat to see here! Featuring quinoa penne pasta, this dish is as satisfying as it is nutritious. Revel in rich ground turkey with diced carrots, roasted red bell peppers, charred corn, soft kale and a blend of delicious spices.

## Nutritional Highlights:

Calories: 310

Gluten-Free Friendly\*

\*Made with no gluten-containing ingredients. Made in a facility that also processes wheat.



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**Zesty Black Bean  
Quinoa Bowl**



## Ingredients:

Black Beans

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Guacamole

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Tricolor Quinoa

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Fire Roasted Tomatoes

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Organic Corn

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Red Bell Pepper

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Organic Onion

# Zesty Black Bean Quinoa Bowl

## Product Description:

It's time to get zesty. This dish starts with a bed of tricolored quinoa, brown rice & black beans mixed with fresh lime zest and spices like cumin, garlic, oregano and garlic. Then it's topped with salsa Roja, charred corn kernels, diced onions & peppers. But the real star of the show? Fresh chunky guac.

## Nutritional Highlights:

Calories: 350

Vegetarian



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**Savory Barley  
Beef Stew**



## Ingredients:

Shredded Sous Vide Beef  
Wheatberry Barley Blend  
Organic Diced Russet Potato  
Organic Crinkle Cut Carrots  
Organic Onion  
Organic Mushrooms  
Organic Green Beans

## Savory Barley Beef Stew

### Product Description:

Warm your soul and delight your taste buds with this filling stew. Loaded with tender sous vide beef, a hearty blend of wheatberries and barley, and veggies like russet potatoes, crinkle-cut carrots, quartered green beans and button mushrooms, this dish packs a nutritious punch.

### Nutritional Highlights:

Calories: 350  
21g protein



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**Chicken Chile  
Verde Bake**



## Ingredients:

Shredded Chicken Braised  
in Chile Verde

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Corn Tortillas

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Black-Eyed Peas

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Organic Onion

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Shredded Cheddar Cheese

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Organic Spinach

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Extra Virgin Olive Oil

# Chicken Chile Verde Bake

## Product Description:

You won't have to ask for "more cheese, please." This super cheesy enchilada bake features layers of corn tortillas, Chile Verde sauce and shredded white meat chicken. Did we mention tons of gooey, melted cheddar cheese? Yeah, lots of that.

## Nutritional Highlights:

Calories: 330

28g protein





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**Chicken & Loaded  
Cauliflower Mash**



# Chicken & Loaded Cauliflower Mash

## Ingredients:

Grilled White Meat Chicken

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Bacon

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Mild Cheddar Cheese

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Almond Milk

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Organic Broccoli

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Organic Cauliflower

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Ghee

## Product Description:

Loaded with all the good stuff. A fluffy, buttery cauli-potato blend is smothered in shredded cheddar cheese, crispy uncured bacon bits and tender slices of grilled white meat chicken. Don't forget the beautiful florets of broccoli.

## Nutritional Highlights:

Calories: 250

Gluten-Free Friendly\*

\*Made with no gluten-containing ingredients. Made in a facility that also processes wheat.